

2009 West Houston Aquatic League Inc. Parental Release and Consent

Swimmer's Name _____

Age As Of May 1, 2009 _____

Birth date _____ Gender _____

Team _____ Team Last Year _____

I/We hereby give approval for the participation of my child named above in any and all swim team activities in the West Houston Aquatic League Inc. (Whale). I/We assume all risk and hazards incident to such participation, including transportation to and from said activities. I/We waive, release, absolve, indemnify and agree to hold harmless WHALe, all participating teams, officers, organizers, coaches, supervisors, directors, volunteers, participants, persons or parents involved in any way including transporting participants to or from such activities, Homeowner's Associations, their Board of Directors, and Management Companies ("Releasees") from any claims arising out of or relating to injury to or caused by my/our child, including those resulting from Releasees' negligence, if any.

The purpose of WHALe is to foster amateur swimming competition. Accordingly, only NOVICE swimmers may participate in WHALe.

- a. A NOVICE cannot have swum on any college or university swim team.
- b. A NOVICE is any individual up to and including eighteen (18) years of age as of May 1st of the current year who has not participated in any USA Swimming after June 1st of the current year. This is not intended to preclude any type of organized practice.
- c. Additionally, if a swimmer has a TAGS time in any stroke in the older age of their current age group, they must swim that stroke up one (1) age group. If a swimmer has a Sectional Time in any stroke, they are precluded from swimming that stroke in any WHALe meet. For 15-18 year old swimmers, page 2 must be signed.

Violation of any league eligibility rules will result in the forfeiture of any meet(s) in which an ineligible swimmer participates.

Has your child participated in a USA Swimming program? YES _____ NO _____

IF YES,

1. Does your child agree not to participate in any long course meets after June 1st of the current year until the West Houston Aquatic League Inc. season is over?
YES _____ NO _____ and,
2. Please indicate any stroke(s) in which your child has a current TAGS time in the older age of his/her age group (Texas Age Group Swimming Championship qualifying times that are achieved in a USA Swimming sanctioned Short Course or Long Course meet). If your child has a Sectional time, page 2 must be completed.

AGE _____ FREE _____ BACK _____ BREAST _____ FLY _____ IM _____

I hereby agree that the above information is correct to the best of my knowledge. I understand and will advise my child that there shall be No Diving in ends of pools that are less than 3.5 feet deep.

Parent/Guardian's Signature _____ Date _____

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Swimmer's Name _____

Team _____ Team Last Year _____

I hereby certify that my child has not swum a Sectional Time at a USA Swimming meet or a high school meet. If my child has swum a Sectional Time at one of these meets, I understand that he/she is ineligible to swim in a West Houston Aquatic League (WHAle) meet for that stroke. For example, if a swimmer has a Sectional Time in any length freestyle event, this prohibits them from swimming in the following events: freestyle, free relay, and the freestyle leg of the medley relay. If a swimmer has Sectional Times in three strokes, but not the IM, this does not prohibit them from swimming the IM. The swimmer must have an IM Sectional Time to prohibit him/her from swimming the IM in a WHAle meet. Furthermore, a Sectional Time does not expire. Once a swimmer has swum an event and earned a Sectional Time, they are prohibited from swimming that stroke in a WHAle meet.

For your convenience, the current Sectional Time Standards are shown below.

	GIRLS		EVENT		BOYS	
SCY		LCM		LCM		SCY
25.19		28.69	50 free	25.59		22.49
54.09		1:01.69	100 free	55.69		48.99
1:56.49		2:13.39	200 free	2:02.89		1:47.49
5:13.59		4:42.69	400/500 free	4:25.49		4:54.39
10:48.19		9:30.49	800/1000 free	9:00.99		10:09.09
18:21.59		18:23.29	1500/1650 free	17:05.59		17:13.59
1:01.29		1:11.69	100 back	1:05.29		56.39
2:11.19		2:33.19	200 back	2:21.59		2:02.39
1:09.99		1:20.89	100 breast	1:12.69		1:03.79
2:29.99		2:54.79	200 breast	2:40.59		2:20.89
59.59		1:08.09	100 fly	1:01.09		54.19
2:11.99		2:35.19	200 fly	2:21.19		2:02.79
2:12.09		2:32.89	200 IM	2:21.19		2:02.29
4:40.77		5:25.69	400 IM	5:01.69		4:24.19

My child has swum a Sectional Time in the following stroke(s):

FREE _____ BACK _____ BREAST _____ FLY _____ IM _____

OR

My child does NOT have a Sectional Time in any stroke _____

I understand that if my child swims in a WHAle meet any stroke for which he/she has a Sectional Time, the swimmer and the team are subject to disqualification. I hereby agree that the above information is correct to the best of my knowledge.

Parents Signature _____ **Date** _____

Swimmers Signature _____